

LYMINGTON NEW FOREST HOSPITAL

TRAVEL AND TRANSPORT INFORMATION

01590 663000

www.southernhealth.nhs.uk



Lymington New Forest Hospital
Ampress Park
Wellworthy Road
SO41 8QD

Main entrance

The main entrance provides a sheltered patient drop off point and level access. Opening times are 8am to 9pm weekdays, and 9am to 9pm on weekends. The reception desk is manned from 8am to 6pm weekdays. Wheelchairs are available from just inside the hospital main entrance.

Minor Injuries Department

The minor injuries department is to the right of the main hospital entrance. Opening times are 8am to 9pm everyday.

Facilities

The café/restaurant, located to the left as you enter the hospital, is open from 7.30am to 7pm everyday and serves hot and cold drinks, snacks, sandwiches and hot meals. A league of friends shop and small hot drinks bar is open from 9.15am to 4.30pm weekdays.

Payphones are located in the main hospital reception, Forest Assessment Unit and outpatients department.

Outpatients department prescriptions can be dispensed in the hospital pharmacy. It is open from 2pm to 5pm weekdays.



By bus

The Bluestar 6 bus service runs hourly between Southampton and Lymington via the hospital. Monday to Friday 9am to 5pm. **0845 072 7094** www.bluestarbus.co.uk

The More 112 bus service (Wilts & Dorset) calls at the hospital three times a day each way on Tuesdays, Thursdays and Saturdays, running from Hythe/Beaulieu to Lymington. An additional journey each way operates Mondays to Fridays, schooldays only. **0845 072 7094**

More bus services X1 and X2 from Bournemouth and 119 from New Milton run to Lymington, where passengers need to change to Bluestar 6 or More 112 bus services to get to the hospital.

The Cango C32 and C33 bus services offer bookable transport. Leaflets about this service are available from the hospital reception. **0845 602 4135**

By car

The hospital is located off the A337 Southampton Road, just north of Lymington town centre in the West New Forest. Detailed directions are available on the following website: www.nhs.uk/Services/hospitals/MapsAndDirections/DefaultView.aspx?id=88893

There is a drop off point directly outside the main entrance. There are both ten minute and thirty minute waiting areas.

The hospital has 386 public car parking spaces, 28 of which are for disabled drivers with valid blue badges. Parking is by pay and display and parking charges are in force 24 hours a day, Monday to Sunday, including Bank Holidays. The ticket machines only accept coins and do not give change.

By taxi

Telephone numbers of local taxi firms are available at main reception.

If you have concessionary vouchers, you can use these for part or full payment when using certain taxi companies. Please ask whether they accept concessionary vouchers before you travel.

By train

The nearest train station is at Lymington Town, a distance of 1.7 miles from the hospital.

Ticket office opening hours

Monday to Friday - 06:30 to 13:15

Saturday - 09:00 to 14:00

Sunday - 10:00 to 13:00

For national train timetable enquiries call **0871 200 4950**.

On foot

The hospital is situated on an industrial estate called Ampress Park. Ampress Park is accessed by turning left from a northerly direction or right from a southerly direction from a roundabout on the A337 Southampton Road. The A337 Southampton Road is very busy and poorly lit at night.

A fully tarmac path exists from Lymington town centre, along the A337 and up to the hospital via Wellworthy Road.

Once onto the hospital site pedestrian circulation within the parking areas has been designed to provide safe routes to the building.

By bicycle/motorbike

There is an area for motorcycle parking and cycle storage hoops close by the main entrance of the hospital. Parking for motorcycles is free of charge.

The main cycle route into the town centre is located along Lower Buckland Road from the A337.

Details of cycle routes are also available from the Hampshire County Council Information Centre, **01962 841841** text **07797 877010** or email info.centres@hants.gov.uk.

If you have hearing or speech difficulties you can free text phone on **0808 100 2484**

By voluntary transport

There are a number of voluntary car schemes and most of them operate bookable hospital transport.

Information on local voluntary car schemes can be obtained from:

- The league of friends at the hospital
- Community First New Forest (CFNF), which is a charity that addresses transport problems in the New Forest, **01425 482773**, www.cfnf.org.uk/Content/Transport_Solutions.html
- Hampshire County Council's Community Transport Team, who hold a list of the voluntary car schemes in your local area, **01962 846785**, www.hants.gov.uk/communitytransport
- The Good Neighbours Support Service. This organisation supports over 100 local voluntary groups in Hampshire (excluding Southampton and Portsmouth). A donation is usually made towards the volunteer driver's expenses, www.goodneighbours.org.uk/website/
- The area adviser is Angela Smith on **07827 925327** or by e-mail adviser.southwest@goodneighbours.org.uk

Help with travel costs

You may be able to claim a refund under the 'Healthcare Travel Costs Scheme' (HTCS) of the cost of travelling to hospital or other NHS premises for NHS-funded treatment or diagnostic test arranged by a doctor or dentist.

The following assistance is available from the general office at Lymington Hospital

- Claim form for a refund of travel costs to receive NHS treatment – (HC5 (T) form)
- Claim form help with health costs (HC1 form)

**This information is available in other
formats and languages including large
print, braille and audio.**

**Please contact:
Access to Communications
023 8024 1300**



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