

Volunteer Role: Befriender

Venue/Site/address – TBC

About Southern Health NHS Foundation Trust

Southern Health NHS Foundation Trust provides community health, including community hospitals, specialist mental health and learning disability services for people across the south of England. We employ around 6,000 staff and have in the region of 360 people volunteering in our services.

About this role

You will be working to help us to enhance the ward environment and experience for our patients. To provide social support on a day to day basis, engage in conversations, encourage and support patients.

What will I be doing in this role?

- Provide social support to patients on a day to day basis e.g. engage them in conversations and provide attention to patients when the ward is under pressure.
- Make staff aware if a patient has any concerns.
- Make staff aware of patient's needs and requests as appropriate.
- Take lead and show new volunteers around the ward so they are familiar with the setting.

What skills do I need?

- Be a good listener.
- Have patience and compassion. Be non-judgemental.
- Enjoy spending time with others and have a sociable nature.
- Be confident and able to use your initiative.
- Be responsible, flexible and dependable.
- Enjoy helping others.
- Be able to work in a team.
- Be discreet and maintain confidentiality

OUR VALUES



What commitment is expected of me?

- We are looking for volunteers who could offer two to three hours per session as agreed.
- Arrival at the hospital/unit 15 minutes prior to starting your voluntary role.

What can I expect from Southern Health NHS Foundation Trust?

- Relevant training
- Induction to the activity and volunteer role
- A settling in period to make sure this is the right role for me
- To feel fully supported in your role
- The opportunity to work within a diverse team
- The chance to meet new people
- The opportunity to learn new skills
- To feel appreciated and valued for my contribution

What are the steps to volunteering?

Application> Interview> DBS check> Occupational Health question> Training> start volunteering!

How to apply

Please apply to...

Please note: In general volunteering roles within Southern Health NHS Foundation Trust require either a standard or enhanced DBS (Disclosure & Barring Service) check. This is done online by the applicant.

Role confirmation and agreement

Volunteering coordinator.....

Volunteer.....

OUR VALUES



Patients & people first



Partnership



Respect