

## SOUTHERN HEALTH R&D CONFERENCE 2019 – 30<sup>th</sup> January 2019

### Programme

09:00	<b>Registration &amp; Coffee</b>		
09:30	Welcome by Chair: <b>Professor Shanaya Rathod</b> Introductions: <b>Dr Nick Broughton, Chief Executive</b> <b>Dr Karl Marlowe, Medical Director</b>		
09:50	Keynote 1: Women's Mental Health: What's the Fuss? <b>Professor Kathryn Abel</b>		
10:20	Keynote 2: Physical Health and Psychosis <b>Dr Fiona Gaughran</b>		
10:50	<b>Tea Break</b>		
	Stream A Chair: <b>tbc</b>	Stream B Chair: <b>Dr Nupur Tiwari</b>	Stream C Chair: <b>Dr Saadia Muzaffar</b>
11:10	The CRIS Network: Enabling discovery through the interrogation, analysis and linkage of electronic medical records <b>David Newton</b>	Usefulness of Community Treatment Orders (CTO)-a pragmatic study <b>Dr Ramachandra</b>	Liraglutide & the management of overweight and obesity in people with severe mental illness: a pilot study <b>Dr Clare Whicher</b>
11:30	Bridging the gap: How can we move digital innovations into NHS Child and Adolescent Mental Health Services?" <b>Dr Johnny Downs</b>	Suicide by children and young people <b>Su-Gwan Tham</b>	To what extent has MymHealth [myCOPD, my Heart and myDiabetes] improved outcomes for COPD, heart conditions and diabetes patients? <b>Dr Catherine Matheson-Monnet</b>
11:50	The frequency of antipsychotic prescribing in older people mental health services <b>Dr Peter Phiri</b>	Outcomes from the Southampton peer support pilot in EIP <b>Rachel Wood</b>	Changing perceptions with digital interventions in mental health <b>Dr Nathan Cope</b>
12:10	<b>Lunch</b>		
12:50	Keynote 3: Ethnic Inequalities and Severe Mental Illness: Could Biomarkers Help Us Resolve Disputed Evidence - <b>Professor Kam Bhui</b>		
13:20	Keynote 4: Crossing the Divide - <b>Dr Hermione Price</b>		
13:50	<b>Tea Break</b>		

	Stream A Chair: <b>Dr Hesham Elnazer</b>	Stream B Chair: <b>tbc</b>	Stream C Chair: <b>tbc</b>
14:05	Preliminary Evaluation of a programme devised for IAPT non-CBT responders, delivered within italk (Hampshire IAPT) between 2016-2017 <b>Isabel Clarke</b>	Using lived experience to develop a personal narrative workshop programme in order to aid mental health recovery <b>Dr Sam Robertson</b>	Creative Arts Therapies Provision in Southern Health NHS Foundation Trust <b>Kawori Iguchi</b>
14:25	Evaluation of a culture free, CBT based, third wave therapy manual <b>Lydia Baxter</b>	Reaching Out: an innovative project to improve the diversity of voices heard within research <b>Caroline Barker (PPI)</b>	Safer Dancing in the South - A Health Needs Assessment of Recreational Drug Users at Festivals, Night Clubs and Music Venues in Portsmouth and Southampton <b>Dr Adam Holland</b>
14:45	Cultural Adaptations in Clinical Interactions (CoActiON) <b>Lizi Graves, Research Facilitator</b>	Patient and Public Involvement in the Exploring the Service User Experiences of Mental Health Act Assessment 1983 (as amend 2007) <b>Asher Carolyn</b>	The TACIT Trial: TAI ChI for people with dementia – <b>Dr Samuel Nyman</b>
15:05	<b>Tea Break</b>		
15:20	Key note 5: Smoking Cessation in Mental Health Services: Can it be done? <b>Professor Simon Gilbody</b>		
15:50	Key note 6: Getting therapy to those that it has not yet reached: “Psychological Therapies for Psychosis” - <b>Professor David Kingdon</b>		
16:20	Poster Award: <b>Dr Karl Marlowe, Medical Director</b> Closing remarks by: <b>Prof Shanaya Rathod, Director of Research</b>		
16:30	<b>Conference End</b>		

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