

The Care Programme Approach – C.P.A

Information for service users and carers



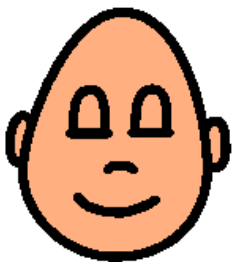
What is C.P.A?



It is a way of making sure that you get the support you need.

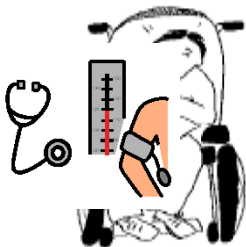


It is a way of everyone knowing how they should help you.



It can help to keep you safe.

Who needs C.P.A?



People who need a lot of help with their health.



This could be physical health or mental health.

What will happen?



We will talk with you and others about what you need.



We will write a care plan together saying who will help you.



You will have a Care Co-ordinator.

This is a person who helps make the Care Plan happen.



There may be meetings to bring everyone together.



This is to make sure the Care Plan is helping you.

Images used within this leaflet are from Change Picture Bank and Boardmaker

This leaflet has been reviewed with Service users