



**Southern Health**  
NHS Foundation Trust

## **Leigh House Hospital**

### ***CLINICAL PSYCHOLOGY***

During your stay at Leigh House, you will have an allocated psychologist as part of your Leigh House core team.

You will be offered the chance to meet with one of our clinical psychologists individually and these sessions will continue over your admission if this is something that you and your psychologist agree would be helpful.

As well as meeting with young people individually, clinical psychologists at Leigh House also facilitate group interventions and meet with families as needed.

We are interested in your individual experience and working with you around your goals at a pace that's right for you. We work with you to understand what's going on for you and think about how we can work together to move forward.

During your stay we can offer you talking therapies as part of your treatment plan. Clinical Psychologists also have a role in completing specific types of assessment if this is something that seems indicated.

**Dr Jemma Reynolds**

**Dr Emma Lever**